





CATAPLANA

Traditional portuguese dish with varied fish and potatoes 22

FISH

Grilled sea bass or golden sea bream 22

Grilled fresh tuna fish with traditional 'vilão' compote 22

Grilled black scabbard fish fillet with lemon and parsley butter 18

Black scabbard fish goujons with tartare sauce 14.5

Portuguese grilled sardines 14.5

Fish dishes served with traditional jacket potatoes or french fries with garlic and oregano and a mixed salad or sautéed vegetables

> Prices in euros VAT included

MEAT

Traditional beef skewer with garlic butter and bay leaves 22

Mixed grill of beef steak, chicken breast, bacon and fried egg 19

ON THE STONE

Grilled tiger prawns 26

Beef steak 24

Salmon fillet 22

Chicken breast 19

Meat or on the stone dishes served with traditional crushed potatoes or french fries with garlic and oregano and a mixed salad or sautéed vegetables

PASTAS

Shrimp, peppers and tomato sauce 16

Bacon, onion and cream 13

Sautéed vegetables with pesto 12

Pasta to choose: penne, spaghetti, tagliatelle

Beef lasagna 14

PIZZAS

Shrimps, pineapple and mozzarella with cocktail sauce 14

Tomato, mozzarella and oregano 12

> Sautéed vegetables 12

Extras

Tuna or chicken or bolognese 2

SALADS

Smoked salmon niçoise with garlic croutons, lettuce mesclun and a mustard vinaigrette

16

Tropical shrimp salad with avocado pear, pineapple, lettuce mesclun and a mango yoghurt sauce

Grilled chicken caesar salad with parmesan, anchovies, croutons, lettuce mesclun with a caesar sauce

14.5

Traditional cured ham and cheese with melon 14.5

Couscous salad with feta cheese, sun-dried tomato, cucumber, peppers and roasted almonds

14.5

Vegetarian salad with tofu, green asparagus, mushrooms, celery, lettuce mesclun and a balsamic vinaigrette

14.5

Caprese salad with mozzarella di bufala, tomato and pesto 13

LIGHT

Leek and mushroom quiche with rocket salad, cherry tomato and orange olive oil 12

Smoked salmon or traditional cured ham omelette 12

Omelette of 3 ingredients
Cheese, ham, bacon, shrimps, asparagus,
mushrooms, tomato, onions, peppers
10

Grilled limpets with garlic butter and lemon 10

Soup of the day 6

French fries with garlic and oregano 4

SANDWICHES

Served on white, whole-wheat or gluten free bread may be toasted

Tuna or chicken or traditional cured ham

7

Ham and cheese

6

Ham or cheese

5

OTHER

Special hamburger served in a hamburger bun, crispy bacon, cheddar cheese and caramelised red onion

13

Hamburger served in a hamburger bun, lettuce and tomato

9

Hot dog with carrot, onions and potato sticks

8

HOUSE SPECIALITIES

House specialities are served in a traditional bread 'bolo do caco'

Special 'prego' with beef steak with garlic butter, fried egg, traditional cured ham, cheese, tomato and lettuce 14

Traditional cured ham, curd cheese and marinated sun-dried tomato bruschetta with olive oil and fleur de sel

13

Sautéed banana, crispy bacon and mango chutney 12.5

'Prego' with beef steak with garlic butter 12.5

Grilled fresh tuna shavings and traditional 'vilão' compote 12

Grilled chicken, pineapple, mayonnaise, lettuce and tomato 12

Roasted vegetables and grilled tofu 11

Traditional bread with garlic butter 3.5

DESSERT

Brownie with caramelice cream

7

Tepid apple tarte with vanilla ice cream and custard sauce

7

Traditional sugar-cane honey cake and banana with coffee ice cream

7

Macerated pineapple carpaccio with yoghurt ice cream 6.5

Passion fruit pudding

6

Sliced fruit platter

7

Fruit salad

5.5

Cheese board (per person)

10

Ice cream or sorbet scoop (per scoop)

2.5

with topping and / or cream

Accompany with sliced fruit (per variety)